

	<b>Thursday</b> <i>Welcome / Community Building</i>	<b>Friday</b> <i>Core Issues</i>	<b>Saturday</b> <i>Skills</i>	<b>Sunday</b> <i>Next Steps</i>
7 AM		Yoga / Meditation / Exercise	Yoga / Meditation / Exercise	Yoga / Meditation / Exercise
:30				
8 AM		Breakfast	Breakfast	Breakfast
:30		Reflection	Reflection	Reflection
:50				
9 AM		Wokshop	Opening Group Activity	Opening Group Session:
:30			Workshops:	Kuleana Commitments
10 AM		Break		Campaign Planning III:
:30				
		Workshop		Snack Break
11 AM			Workshops:	Workshop
:30				
12 PM		Break		
:30		Lunch	Break	Closing
1 PM			Lunch	
:30		Game Break!		GOODBYE (cleanup!!!!)
2 PM		Introducing the GET REAL! Campaign	Travel to Afternoon Activity	
:30		Our Strategy: Commitment and Calc		
3 PM		Break		
:30			Afternoon Activity	
4 PM		Campaign Planning I:		
:30				
5 PM	Welcome!			
	Name Game			
:30	Food Ritual		Return from Activity	

	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
6 PM	(Potluck) Dinner			
:30		Dinner Prep / Down Time	Dinner Prep / Down Time	
7 PM	Weekend Overview	Dinner	Dinner	
:30	Gum Boot Dancing			
8 PM	Workshop			
:30	Break	Campaign Planning II:	Open Space Discussions (two 45 min blocks)	
9 PM	Workshop		<i>or Talent Night!</i>	
:30				
10 PM		Free Time	Optional Evening Activities: Campfire	
:30	Free Time			