

## Viewing Parties

Whether you're just starting out your semester or drawing it to a close before the break, our promo videos are a great way for your club members to get to know more of what RFC is all about. Host a viewing party at your next meeting and pick from our selection of videos!

**WHEN:** Your club's next meeting!

*Beginning of the semester:* use these videos as an intro to RFC

*Mid semester:* take a break from all the stress and gain some new insight to real food work.

*End of the semester:* Gain some inspiration to keep your members excited throughout the break!

**WHAT:** Real Food Potluck & RFC Viewing Parties (see videos at [realfoodchallenge.org/videos](http://realfoodchallenge.org/videos))

**WHY:** Our staff and students have been featured in some incredible ways- check them out and learn from what they have to share!

**HOW:**

Step 1 - Email your club and ask people to bring real food snacks for a potluck

Step 2 - Make sure you have a meeting location that has a computer and a screen to watch the videos on

Step 3 - Pick out what videos you'd like to screen from our list of RFC superstars

Step 4 - Invite your members and have fun!

**Sample Agenda:**

7:00-7:16 Eat & Hang Out

7:16-7:42 Watch RFC Videos

7:42-8:00 Facilitate a brief discussion: reactions, feedback, comments